



PARKINSON'S DISEASE  
SUPPORT GROUP OF  
SOUTHERN NEW MEXICO

DECEMBER 19, 2023

*Join our support group meeting for our first  
Christmas Cookie Exchange*

What you need to know:

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1. We will provide the containers for your selection of cookies or bars to take home with you.
2. If you are baking from scratch, bring your recipe to share.
3. Bring at least 3 dozen cookies, a pan of bars, or homemade candy.
4. If you don't bake or don't have time, your contribution can be bakery or store-bought.
5. Arrange your cookies on a tray or platter. Be creative.
6. Pies and cakes are not a good choice since they are wet or moist and will not transfer well.
7. If you are unable to contribute, no worries. Come, join the fun!
8. Prizes for best presentation and best dessert.
9. Questions? Contact Sarah at 575.496.2550 or [sarah.stegall.pdsgsnm@gmail.com](mailto:sarah.stegall.pdsgsnm@gmail.com)

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