

ABOUT THE DAY

We have another great symposium planned for you this year. We chose the theme **Wellness and Wisdom: A Symposium Designed to Shake Up Parkinson's** with the hope that the things that you learn at this year's event will help you to not just learn more about your disease, but to have a better understanding of how you can truly "shake up" the outcome of your disease by the things that you do. The old adage, wisdom is power, still holds true and with wisdom you gain the power to live your best life with Parkinson's.

Our speakers are all experts in their chosen fields with many years of experience working with the Parkinson's community. We have asked them to cover topics that you have requested. Come, enjoy the day with us! Meet new friends, get reacquainted with people you have met before and develop a better understanding of Parkinson's. The food will be good, the company great and the speakers will be worth your time.

Sponsors

This symposium would not be possible without generous donations from our sponsors. Please take time to visit their booths and thank them!



Southwest Parkinson Society
3610 22nd Street, Suite 300
Lubbock, Texas 79410



806-725-0941 or 806-725-0942
jbidwell@covhs.org
Swparkinson.org



Presented by: Southwest Parkinson Society

Friday, April 12, 2024
Knipling Education and Conference
Center—Covenant Health
21st and Louisville
Lubbock, Texas 79423

9:00—3:45

Our forty-first annual symposium will be held on Friday April 12th at Knipling Education and Conference Center (21st and Louisville on the 6th floor of the west parking garage) at Covenant Health Lubbock. We hope you will join us for this year's symposium. We have put together an excellent group of speakers to empower you through your Parkinson's journey. There is no charge for the symposium or for lunch. However to ensure we have adequate space and food, registration is required.

If you register and are unable to attend, please kindly let us know so we can cancel your reservation. A symposium of this magnitude is very costly. Please help us be good stewards.

SYMPOSIUM



Knippling Education and Conference Center (KECC)

We would like to thank Covenant Health and KECC, located on the sixth floor of the west parking garage, on the corner of 21st and

Louisville in Lubbock, for hosting this year's symposium. Parking is free in the west parking garage the day of the symposium. Please park on any floor and take the elevator to the sixth floor.

A continental breakfast will be provided when you arrive for the symposium. We will provide a box lunch and afternoon snacks for all participants as well. Coffee, tea and water will be provided throughout the day.

A diagnosis of Parkinson's disease can be scary and discouraging for not only the one with the diagnosis but also those who love and care for them. Southwest Parkinson Society has put together a symposium to help you and those who love you shake up Parkinson's disease as you gain the wisdom you need to travel this journey. Someone once said, Parkinson's is a marathon and not a sprint! With that in mind we want you to learn to live your best life as you run your race.

HOTEL ACCOMMODATIONS



Hawthorn Suites

This year's featured hotel is conveniently located just a few blocks from KECC at 4435 Marsha Sharp Freeway West. They have offered us an unbelievable rate of \$72 for symposium attendees. This also includes a free breakfast. A limited number of handicap rooms are available so book early. Please book under the Southwest Parkinson Society symposium block. Reservations must be made by Tuesday, April 2nd, to get this special price. Please call 806-792-3600 to book your room.

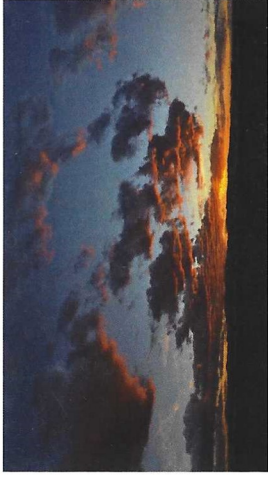
Other near by hotels include La Quinta Inn & Suites, Comfort Suites, & Sure Stay.

Please make reservations early. Lubbock is hosting several events that weekend & hotels will be limited.

Things to Do While Visiting Lubbock

If it is your first time in Lubbock or a return visit there is a lot to do here. Lubbock was the original live music capital of Texas and home to many famous musicians including Buddy Holly and Mac Davis. It boasts one of the first cultural art districts recognized by the state and the Texas Tech Campus has one of the 10 best outdoor public arts displays in the country with over 100 sculptures to enjoy. If museums are your thing we have five nationally recognized museums as well as the National Ranching Heritage Center. Lubbock also is home to numerous award winning wineries, breweries and distilleries. If that is not enough you can enjoy a show at the Cactus Theater or take in a movie at the Stars and Stripe Drive In. For more information go to <https://visitlubbock.org>.

REGISTRATION



Registration Must Be Received by Friday, April 5, 2024 to insure we have space and food available.

Register on line at our website:
www.swparkinson.org

Register by phone:
806-725-0942 or 806-725-0941

Or Register by Mail:
SPS 3610 22nd Street, Suite 300
Lubbock, TX 79410

NAME _____

ADDRESS _____

PHONE _____

Email _____

Yes, I do need a certificate of participation for CEU